

Carers Group

Crowborough — Information and Advice

United Church,
Croft Road,
CROWBOROUGH,
TN6 1HA

We meet on the 1st
Tuesday of Every
month 10am—12pm

Upcoming Dates:

3rd May

7th June

5th July

2nd August

6th September

4th October



If you support someone who couldn't manage without your help, why not come along to your local carers group, facilitated by Robert Hurst

Join us to meet other carers, talk about issues that are important to you, and hear from speakers on a wide range of matters.

For more information, call us on 01323 738390, visit our website, or come along and meet us at one of the dates above.

www.cftc.org.uk

Charity number 1074906.
Company number 3677361

 **care for the
carers**
Supporting Carers In East Sussex

 **carerstrust**
a Network Partner



Carers Clinic

Crowborough Community Centre

Pine Grove, Crowborough, TN6 1FE
The 3rd Friday of the month

Upcoming Dates:
2017

10:30am - 1.30pm

17th February

17th March

19th May

16th June

21st July



If you support someone who couldn't manage without your help, why not come along to our Carers Clinic to have a free and confidential chat with a Carer Support Worker?

Find out more about what services and support are available and get information and advice so you can make the most of the help you are entitled to.

To book an appointment, please call us on **01323 738390**.

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