

# Carers Group

Would you like to meet with other Carers in your area?

**United Church,  
Croft Road,  
CROWBOROUGH,  
TN6 1HA**

**Please come along and  
join us for a  
cuppa and a chat**

**We meet in the  
Creche Room on  
the 1st Tuesday of  
every month.  
10am –12pm**



**If you support someone who couldn't manage without your help, why not come along to your local carers group, facilitated by Robert Hurst, your local support worker.**

Join us to meet other carers, talk about issues that are important to you, and hear from speakers on a wide range of matters.

For more information, call us on **01323 738390**, visit our website, or come along and meet us at one of the dates above.

**[www.cftc.org.uk](http://www.cftc.org.uk)**

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Company number 3677361

**care for the  
carers**  
Supporting Carers In East Sussex

**carerstrust**  
a Network Partner

