

We aim to help you with:-

SUSSEX HIGH WEALD DEMENTIA SOCIAL GROUP

SUPPORT

We are a support group, run entirely by volunteers, for those with dementia and their carers. Our monthly meetings are lively social occasions, discussing all topics. We also arrange a wide variety of regular outings for our group, free of charge.

**Join us for a cup
of tea and a chat**

INFORMATION



A FRIENDLY CHAT

We meet on the second Wednesday of the month at 2 pm until 4.30 pm at:-

**For more information contact:-
Joan Brookbank
01892 662002
or Elizabeth Fermor
E-mail:- em@fermor.me.uk**

**The Bungalow in the grounds of
Hookstead Daycare Centre
Goldsmith Avenue
Crowborough
East Sussex
TN6 1RH**



**Our outings are for lunch,
cream teas, garden centres
and places of interest - come
and join us.**

