

# SUSSEX HOUSING & CARE

(A Sussex-based Charity for Elderly People)

**PLEASE HELP US IF YOU CAN!**

Volunteers required to join *Crowborough Friends Group* - a small friendly team dedicated to enhancing the quality of life of our residents and tenants at Woodlands Residential Home and Nevill Court & Close, Beacon Road.

In addition to visiting residents on an ad hoc basis, attending regular Friends Group meetings and organising the occasional outing, we try, whenever possible, to promote the interests of the Association in this area.

If you can spare a few hours a month to help this very worthwhile cause,  
please contact:

Keith Widdows - Tel: 01892-457605