



Mental Health Carers Support

A service for mental health carers, family and friends in Wealden and Eastbourne

Come to one of our support groups in:
Eastbourne Crowborough
Hailsham Mayfield
Uckfield Heathfield

(Please call us for more information about dates and locations)

Sussex Oakleaf

A charitable social enterprise investing in people and communities .

Our work with individuals, their families and carers supports the recovery of mental health and wellbeing, rebuilding independence and relationships.

Contact details:

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