

Contact

If you need to contact us, one of our friendly admin team will be happy to talk to you.

Contact No
01323 432340

Dementia Support Service (provided
by Carers Breaks & Engagement
Team)

Tel: 01323 432340

5th Floor
St Marys House
52, St Leonards Road
Eastbourne
BN21 3UU

What is the Dementia Support Service?

We want to Promote Your
Independence by:

- Building your Resilience & Confidence
- Equal Partnership
- Focusing on your Strengths
- Person Centred Support /Guidance
- Observing and Encouraging
- Support Postive Risk Taking

The Dementia Support Service is provided by the Carers Breaks and Engagement Team at East Sussex County Council.

The Dementia Support Service is available to support people living with dementia in the community and their families and carers living within East Sussex County Council.

The Dementia Support Service will work with you, and your family and friends to:

- explore with you appropriate support and well-being opportunities
- identify and access any support you may need, for example, attending social groups or clubs, healthcare appointments or any other activities that are important to you
- work with other agencies to coordinate any care and support you or your carer may need.
- develop a relationship with you and any family members or friends to begin careful and considerate discussions on planning for your future.

How do I get in touch with the service?

1. Contact Health and Social Care Connect on 0345 60 80 191 or apply online at adultsocialcare.eastsussex.gov.uk and ask to be referred into the service. We will call you or your representative to arrange to visit you at home, or at a venue that suits you.
2. We will work with you, your family and friends to develop a support plan that reflects your health and wellbeing needs. This may also include a financial health check.
3. We will provide information, advice and support tailored to your and your family members or friends' needs.
4. We will support you, your family and friends, keeping in touch as needed.
5. We can support you to attend one of the memory cafes as a taster session run by Know Dementia



We Provide:

